The Catholic Mass Sheet

English Standard Version

19th Sunday in Ordinary Time (A) 9th August 2026

THE INTRODUCTORY RITES

Entrance Antiphon or a hymn *Stand*

Cf. Ps 73: 20, 19, 22, 23

Look to your covenant, O Lord,
and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.

All make the Sign of the Cross as the Priest says:
In the name of the Father, and of the Son,
and of the Holy Spirit. **Amen.**

The Priest greets everyone present.
The people respond: **And with your spirit.**
The Mass of the day may be introduced.

Greeting
The Priest greets the people, saying:

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.
Or:
Grace to you and peace from God our Father
and the Lord Jesus Christ.
Or:
The Lord be with you.
The people reply:
And with your spirit.

The Mass of the day may be introduced.

Penitential Act
The Priest invites the faithful to repentance followed, after a brief pause, by one of the Penitential Acts:

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,

And, striking their breast, they say:

through my fault, through my fault,
through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.
Or:
Have mercy on us, O Lord.
For we have sinned against you.
Show us, O Lord, your mercy.
And grant us your salvation.
Or:
You were sent to heal the contrite of heart:
Lord, have mercy. Or: Kyrie, eleison.
Lord, have mercy. Or: Kyrie, eleison.

You came to call sinners:
Christ, have mercy. Or: Christe, eleison.
Christ, have mercy. Or: Christe, eleison.

You are seated at the right hand of the Father to intercede for us:
Lord, have mercy. Or: Kyrie, eleison.
Lord, have mercy. Or: Kyrie, eleison.

The absolution by the Priest follows:
May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life.
Amen.

If the 'Kyrie, eleison' has not been said or sung, it is said or sung now.

Gloria
Glory to God in the highest,
and on earth peace to people of good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

Collect

Almighty ever-living God,
whom, taught by the Holy Spirit,
we dare to call our Father,
bring, we pray, to perfection in our hearts
the spirit of adoption as your sons and daughters,
that we may merit to enter into the inheritance
which you have promised.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit,
God, for ever and ever.
Amen. *Sit*

THE LITURGY OF THE WORD

First Reading

A reading from the First Book of Kings.
1 Kings 19:9a, 11-13a

In those days: Elijah reached Horeb, the mount of God. There he came to a cave and lodged in it. And behold, the word of the LORD came to him. And he said, 'Go out and stand on the mount before the LORD.' And behold, the LORD passed by, and a great and strong wind tore the mountains and broke in pieces the rocks before the LORD, but the LORD was not in the wind. And after the wind an earthquake, but the LORD was not in the earthquake. And after the earthquake a fire, but the LORD was not in the fire. And after the fire the sound of a low whisper. And when Elijah heard it, he wrapped his face in his cloak and went out and stood at the entrance of the cave.

The word of the Lord.
Thanks be to God.

Psalm

Psalm 85(84):9ab, 10. 11-12. 13-14. R.8

**R. Show us, O LORD, your mercy,
and grant us your salvation.**

I will hear what the LORD God speaks;
he speaks of peace for his people and his
faithful.
His salvation is near for those who fear him,
and his glory will dwell in our land. **R.**

Mercy and faithfulness have met;
justice and peace have kissed.
Faithfulness shall spring from the earth,
and justice look down from heaven. **R.**

The LORD will bestow his bounty,
and our earth shall yield its increase.
Righteousness will march before him,
and guide his steps on the way. **R.**

Second Reading

A reading from the Letter of Saint Paul to the
Romans. Romans 9:1-5

Brothers and sisters: I am speaking the truth in Christ. I am not lying. My conscience bears me witness in the Holy Spirit — that I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my brothers and sisters, my kinsmen according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises. To them belong the patriarchs, and from their race, according to the flesh, is the Christ, who is God over all, blessed for ever. Amen.

The word of the Lord.
Thanks be to God.

Acclamation before the Gospel *Stand*

Alleluia, alleluia. Psalm 130(129):5
**I long for you, O LORD,
my soul longs for his word.
Alleluia.**

Gospel Matthew 14:22-33

The Lord be with you.
And with your spirit.
A reading from the holy Gospel according to
Matthew.
Glory to you, O Lord.

After the crowd had eaten and were satisfied: Immediately Jesus made the disciples get into the boat and go before him to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up on the mountain by himself to pray. When evening came, he was there alone, but the boat by this time was a long way from the land, beaten by the waves, for the wind was against them. And in the fourth watch of the night he came to them, walking on the sea. But when the disciples saw him walking on the sea, they were terrified, and said, 'It is a ghost!' and they cried out in fear. But immediately Jesus spoke to them, saying, 'Take heart; it is I. Do not be afraid.' And Peter answered him, 'Lord, if it is you, command me to come to you on the water.' He said, 'Come.' So Peter got out of the boat and walked on the water and came to Jesus. But when he saw the wind, he was afraid, and beginning to sink he cried out, 'Lord, save me.' Jesus immediately reached out his hand and took hold of him, saying to him, 'O you of little faith, why did you doubt?' And when they got into the boat, the wind ceased. And those in the boat worshipped him, saying, 'Truly you are the Son of God.'

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

The Homily *Sit*

The Nicene Creed *Stand*

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit *All bow*
was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic
Church.
I confess one Baptism for the forgiveness
of sins
and I look forward to the resurrection of the dead
and the life of the world to come.
Amen.

Or:

The Apostles' Creed

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the *All bow*
Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on **the third day he rose again from the dead;**
he ascended into heaven,
and is seated at the right hand of God
the Father almighty;
from there he will come to judge the
living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Prayer of the Faithful

Response example: Lord, in your mercy.
Hear our prayer.

After the concluding prayer all say: **Amen.** *Sit*

THE LITURGY OF THE EUCHARIST

The offerings are brought to the altar.
A hymn may be sung. If the Priest says the two prayers of offering aloud, the response both times is:

Blessed be God for ever.

The people rise as the Priest says:

Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

The people reply:

May the Lord accept the sacrifice
at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.

Prayer over the Offerings

Be pleased, O Lord, to accept the offerings of
your Church,
for in your mercy you have given them to be offered
and by your power you transform them
into the mystery of our salvation.
Through Christ our Lord.
Amen.

The Eucharistic Prayer

The Lord be with you.
And with your spirit.
Lift up your hearts.
We lift them up to the Lord.
Let us give thanks to the Lord our God.
It is right and just.

The Priest continues with the Preface and concludes with the people, singing or saying aloud:

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of
the Lord.
Hosanna in the highest. *Kneel*

The Eucharistic Prayer continues until the Priest says:

The mystery of faith.
And the people continue, acclaiming one of the following:

We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.

Or:

When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.

Or:

Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.

The Priest concludes the Eucharistic Prayer saying alone:
Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever.
The people acclaim: **Amen.**

The Communion Rite *Stand*

The Priest invites all to join in the Lord's Prayer:
Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
The Priest continues alone:
Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus Christ.
For the kingdom,
the power and the glory are yours
now and for ever.

The Priest says:
Lord Jesus Christ,
who said to your Apostles:
Peace I leave you, my peace I give you,
look not on our sins,
but on the faith of your Church,
and graciously grant her peace and unity
in accordance with your will.
Who live and reign for ever and ever. **Amen.**
The peace of the Lord be with you always.
And with your spirit.
The Deacon, or the Priest, adds:
Let us offer each other the sign of peace.

The Priest takes the host and breaks it.
Meanwhile the people say or sing:

Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
have mercy on us.
Lamb of God, you take away the sins of the world,
grant us peace. *Kneel*

The Priest shows the host to the people and says:
Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.

The Priest or other minister says to each communicant:
The Body [Blood] of Christ.

Each communicant answers: **Amen.**

Communion Antiphon Ps 147: 12, 14

O Jerusalem, glorify the Lord,
who gives you your fill of finest wheat.

Prayer after Communion *Stand*

May the communion in your Sacrament
that we have consumed, save us, O Lord,
and confirm us in the light of your truth.
Through Christ our Lord.
Amen.

THE CONCLUDING RITES

Announcements may be made. *Then:*

Priest: The Lord be with you.
All: And with your spirit.

May almighty God bless you,
the Father, and the Son, ✠ and the Holy Spirit.
Amen.

Then the Deacon, or the Priest, says:
Go forth, the Mass is ended. *Or:*
Go and announce the Gospel of the Lord. *Or:*
Go in peace, glorifying the Lord by your life. *Or:*
Go in peace.

Thanks be to God.

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